

An

# Elephant

ON MY

CHEST



OR, WHY  
HEARTBREAK  
IS WORTH IT

by Lucia Zamolo



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Oder: Warum sich Liebeskummer lohnt

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# LOVE

is THE MOST BEAUTIFUL  
FEELING in the WORLD,

says the PERSON  
with the ROSE-TINTED  
spectacles on their nose  
after falling  
HEAD over HEELS IN LOVE.



# BUT LOVE

is ALSO the WORST  
FEELING  
in the WORLD,

say I,  
because  
MY HEART  
is BROKEN.  
CRUSHED  
like my  
GLASSES.





# HEARTACHE

can have approximately  
12 million REASONS,  
CAUSES, TRIGGERS and  
BACKSTORIES — that's been proven!

THERE'S not enough  
SPACE <sup>unfortunately</sup> to list them all here  
+ anyway, I'd probably  
forget to mention  
AT LEAST 3,022 of them.

FACT: IT'S NEVER  
a NICE FEELING.  
IT'S actually  
ENTIRELY HORRIBLE.

OOPS! 



can I explain that  
a bit better?

SURE!

It feels <sup>a bit</sup> like you can  
no longer tell

UP

from

in mo



You will know  
how it feels to  
become part of a  
TRAVELING CIRCUS.

SPOILER ALERT:  
THIS is DOWN  
and that's where  
you're headed.



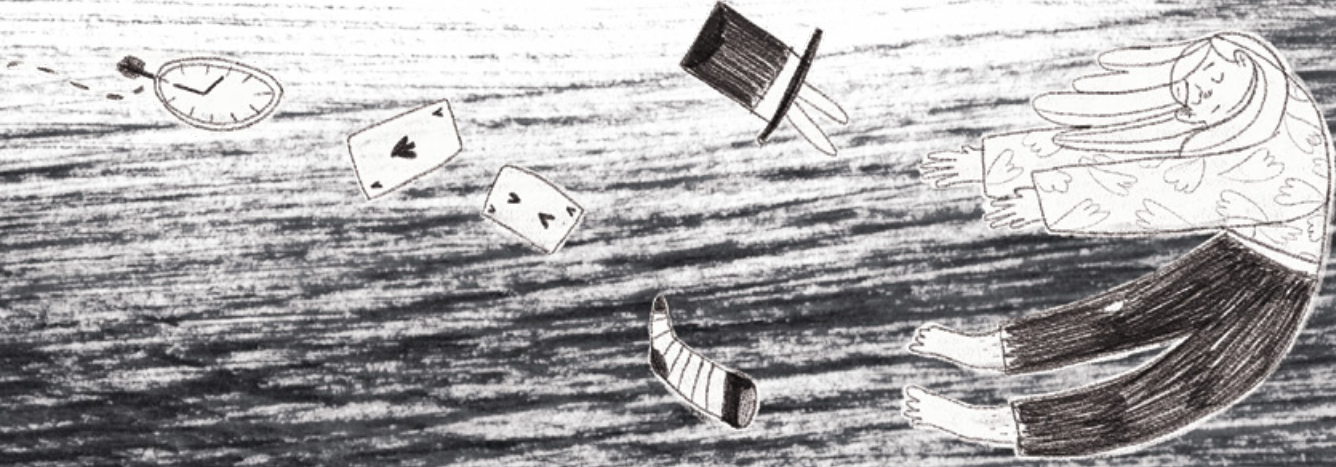


The WORST PART  
is that your heart  
can break  
FASTER than  
you know.

THE FEELING  
OF FALLING  
off your  
ROSE-TINTED  
CLOUD...

... which goes  
on for  
LONGER  
than you  
ever imagined.

AFTER A WHILE  
you just want  
to HIT THE  
GROUND  
— no matter  
how HARD—  
in order  
to start  
climbing UP  
again.





by RICHARD  
Wagner

THE OPERA TRISTAN and Isolde ✓  
summarizes it quite WELL:

Isolde DIES of a BROKEN  
HEART, and the whole thing  
takes up to 5 HOURS.

↳ SUCH DRAMA!

## ACT 3

Isolde (still alive)  
swoons over TRISTAN  
(not so much):

TRISTAN!  
AAAAaa!

Isolde!  
(HE DIES)



BUT that's not ALL!  
Isolde first faints,  
THEN sings an ARIA  
about TRISTAN  
and THEN dies.

SOME people will SUFFER  
with Isolde and HER PAIN,  
OTHERS because of the LENGTH  
of the telling.

BUT when all is said and done,  
you stumble back home  
feeling completely DRAINED  
and needing a MOMENT  
to RECOVER from the EXPERIENCE.

And that is EXACTLY  
what you'll be going through  
with a REAL BROKEN HEART.

Nothing

&

NO ONE

can help you now.