



WATER I

Purification

The Divine Presence washes away my losses, regrets, disappointments and imperfections.

When I quench my thirst at the Source of Life, I bring peace to my emotions and realize I am worthy of every gift.



EARTHI

Grounding

The Earth takes care of me, recognizing I am an essential part of it. I ground myself deeply into it, knowing that only trees with deep roots can reach their branches up to the heavens.



FIRE II

The spiritual warrior

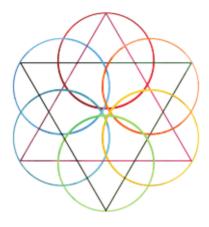
I embrace my spiritual mission and become a warrior of light who faces inner enemies and appreciates challenges and triumphs on the battlefield of selfconquest with humbleness and pride.



OCTAGON I

Elimination of negativity

I choose to see what blocks my light with clarity. I surrender all efforts to Source. I release all negativity from my being and give space only to what belongs to the Divine Order.



RAINBOW I

Harmony in relationships

I infuse harmony in my relationships with other fellow human beings and with the environment. Through my presence, I radiate love and balance, attracting wellbeing and peace.