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# Ramadan Mubarak

A Little Inspiration for  
the Blessed Month

Tharik Hussain

RAMADAN MUBARAK

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Summersdale Publishers Ltd  
Part of Octopus Publishing Group Limited  
Carmelite House  
50 Victoria Embankment  
LONDON  
EC4Y 0DZ  
UK

[www.summersdale.com](http://www.summersdale.com)


Printed and bound in Poland

ISBN: 978-1-83799-134-1

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## THE SIGNIFICANCE OF RAMADAN

The Qur'an was revealed in Ramadan, when Allah (ﷻ) first spoke to the Prophet Muhammad (ﷺ) on Laylat al-Qadr (the Night of Power). The sacred month also witnessed the Muslim community's first victory in the Battle of Badr, as well as the Prophet's (ﷺ) triumphant return to Makkah.



*To fast is better  
for you, if only  
you knew.*

**Qur'an 2:184**



Every deed of the  
son of Adam is for  
him, except for  
fasting. It is for Me  
and I will reward it.

**Hadith (al-Bukhari)**





He made fasting a citadel  
and a shelter for His friends,  
opened to them thereby  
the gates of Heaven.

**Al Ghazali**





Fasting had always been a means  
of purification for all souls who  
longed for divine guidance.

*Aisha Rafea*



## Why Fast?

All the great religions of the world encourage some form of fasting. While practices may differ, the underlying principles often revolve around the themes of spiritual growth, detoxification, self-discipline, humility and overall well-being. It is an ancient wisdom that can enhance empathy, mental clarity and awareness of the Divine.





*Your Lord will  
extend His mercy to  
you and accommodate  
you in your ordeal.*

**Qur'an 18:16**



Make yourselves  
accessible to  
God's graces.

**Hadith (at-Tabarani)**

