The power of moon and sun signs to enhance your relationships, work and life


## LORI REID

## Your Lunar Code

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## Introducing moon Sign Astrology

Astrology is a deeply fascinating study that works on many levels. It can help explain how and why we do the things we do: our preferences, decisions, how we live, love and respond to external events. As individuals we are complex beings often acting instinctively to people and situations. Why do we react to certain conditions the way we do? Why do our moods change from one day to the next? What guides our choices? These are the fundamental questions that astrology can help us to answer. And when it comes to our instincts and emotions, astrology unequivocally turns our focus onto the movements of the moon.

Your Lunar Code sets you off on that journey to discover the basic you. By studying your Moon sign, its position on the day you were born and its influence as the moon moves through the ebbs and flows of the month, you will be laying the first building block toward understanding your psychology. Then, follow through to the second part of the book where you will learn more about your Sun sign which sheds light on the next level of your psyche - your personality.

Most people know what sign of the Zodiac they belong to. Saying that you're a Gemini, a Leo or a Capricorn, for example, is pointing out in which sign the Sun was located at the time you were born. However, very few people know what sign the Moon was in on the day of their birth. And yet our Moon sign is just as important as our Sun sign, if not more so, because it is our Moon sign that reveals our innermost feelings and emotions.

As well as describing your feelings, your Moon sign can tell you about your deepest drives, your needs and desires, your reactions and personal sensitivities. It reflects how you interact with other people, what sorts of relationships you're likely to form and how you come across emotionally. Your Moon sign will highlight your expectations, your dreams and hopes, what makes you feel good, what nurtures you and in what things or people you find the greatest comfort.

The Moon in Taurus, for example, will endow you with very different emotional characteristics to, say, the Moon in Sagittarius. In Taurus, the Moon strengthens and stabilizes the feelings. A person born with this moon seeks permanence and security in his or her life. This is a very different story from that of the happy-go-lucky individual born under a Sagittarian Moon. This person would run a mile rather than be tied down.

So, each sign the Moon travels through will "colour" your emotions with its own distinctive characteristics and qualities. But because the Moon moves quickly through the Zodiac, staying for just two-and-a-quarter days in each sign, many of us normally use an expert astrologer to find the exact position of the Moon for our time of birth, thinking that this is not something we can do for ourselves.

However, over the following few pages, you will find three charts that will enable you to calculate your Moon sign yourself. In all three, the time is set for GMT, so adjustments will need to be made for other local time zones. The first chart (see pages 8-9) helps you to work out which sign the Moon was in during the month of your birth. The second chart (see page 10) adjusts this calculation for the precise day of your birth, enabling you to find out how much further around the wheel you need to travel for an accurate reading. The third chart (see page 11) is the final step and combines what you've learned in charts 1 and 2 to work out your Moon sign.

## How To Find Your Moon Sign

Moon Chart 1: The Moon's location on the first day of each month

| YEAR | OF B | RTH |  | JAN | FEB | MAR | APR | MAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1958 | 1977 | 1996 | 2015 | ૪ | ๑ | ๘ | 41 | $\bumpeq$ |
| 1959 | 1978 | 1997 | 2016 | $\bumpeq$ | $m$ | ${ }^{*}$ | $\bar{\square}$ | $\approx$ |
| 1960 | 1979 | 1998 | 2017 | \% | $\uparrow$ | $\uparrow$ | II | ๑๐ |
| 1961 | 1980 | 1999 | 2018 | II | $\Omega$ | $\Omega$ | $\bumpeq$ | $m$ |
| 1962 | 1981 | 2000 | 2019 | $m$ | $\chi^{1}$ | $\bar{\square}$ | \% | $\uparrow$ |
| 1963 | 1982 | 2001 | 2020 | * | ૪ | ૪ | $\sigma$ | $\Omega$ |
| 1964 | 1983 | 2002 | 2021 | $\Omega$ | T14 | $\bumpeq$ | $m$ | $\chi$ |
| 1965 | 1984 | 2003 | 2022 | $\pm$ | $\bar{\square}$ | \% | * | ૪ |
| 1966 | 1985 | 2004 |  | $\uparrow$ | II | II | $\Omega$ | $m$ |
| 1967 | 1986 | 2005 |  | $m$ | $m$ | $m$ | $\bar{\square}$ | $\approx$ |
| 1968 | 1987 | 2006 |  | $\bar{\square}$ |  |  | ૪ | II |
| 1969 | 1988 | 2007 |  | ૪ | $\sigma$ | $\sigma$ | 41 | $\bumpeq$ |
| 1970 | 1989 | 2008 |  | $\bumpeq$ | $\chi^{*}$ | $\not \times$ | \% |  |
| 1971 | 1990 | 2009 |  | r | $\uparrow$ | ૪ | II | $\sigma$ |
| 1972 | 1991 | 2010 |  | ¢ | T14 | T14 | $\bumpeq$ | $\chi$ |
| 1973 | 1992 | 2011 |  | $m$ | ठ | $\overline{7}$ |  | $\uparrow$ |
| 1974 | 1993 | 2012 |  | $\uparrow$ | ૪ | II | $\Omega$ | m |
| 1975 | 1994 | 2013 |  | $\Omega$ | $\bumpeq$ | $\bumpeq$ | 7 | $\overline{7}$ |
| 1976 | 1995 | 2014 |  | ठ | \% |  | $\uparrow$ | ૪ |

Run your finger down the columns on the far left of this chart to find the year in which you were born. Look across from that line until you reach your month of birth. Make a note of the symbol representing the sign in that month, then turn over the page to the next chart.

| JUN | JUL | AUG | SEP | OCT | NOV | DEC |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\not$ | б | $\approx$ | $\uparrow$ | ૪ | \% | $\Omega$ | The Twelve |
| $\uparrow$ | ૪ | $\sigma$ | $\Omega$ | $m$ | $m$ | ${ }^{1}$ | Moon Signs |
| $\Omega$ | m | $m$ | ठ | $\approx$ | $\uparrow$ | ૪ | $\uparrow$ |
| ठ | $\approx$ | $\uparrow$ | ૪ | II | $\Omega$ | mp |  |
| ૪ | II | $\Omega$ | $\bumpeq$ | $m$ | ${ }^{1}$ | $\overline{7}$ | Ø Taurus |
| $\bumpeq$ | $m$ | ${ }^{1}$ | $\approx$ |  | $\succ$ | II | II Gemini |
| $\approx$ |  | $\succ$ | $\bigcirc$ | $\Omega$ | $m$ | $\Omega$ | © Cancer |
| II | $\Omega$ | $m$ | $m$ | ${ }^{1}$ | $\approx$ |  | $\Omega$ Leo |
| $m$ | $\chi^{1}$ | $\approx$ |  | $\uparrow$ | II | \% |  |
|  | ૪ | II | $\Omega$ | m | $\bumpeq$ | ${ }^{1}$ | T1P Virgo |
| $\Omega$ | m | $m$ | $\chi^{1}$ | б |  | $\uparrow$ | $\bumpeq$ Libra |
| $x$ | б |  | $\uparrow$ | II | \% | $\Omega$ | m Scorpio |
| ૪ | II | $\sigma$ | $m$ | $\bumpeq$ | ${ }^{1}$ | б | $\star$ Sagittarius |
| $m$ | $\bumpeq$ | $\chi^{1}$ | $\bar{\sigma}$ | $\approx$ | $\uparrow$ | ૪ | $\zeta$ |
| б |  | $\uparrow$ | II | హ | mil | $\Omega$ |  |
| II | $\sigma$ | T17 | $m$ | $\chi^{1}$ | $ठ$ | $\approx$ | $\approx$ Aquarius |
| $\bumpeq$ | $m$ | б |  | $\uparrow$ | $\succ$ | ఠర | Pisces |
|  | $\uparrow$ | ૪ | $\sigma$ | $\Omega$ | $\bumpeq$ | $m$ |  |
| \% | $\Omega$ | $\bumpeq$ | $m$ | б | $\approx$ | $\uparrow$ |  |

## Moon Chart 2: The number of Moon signs to add on

Look at the chart below and find the day of the month on which you were born ( 1 if you were born on the first of the month, 2 for the second, and so on). The number to the right of that day tells you how many extra zodiac signs you need to add on from the sign you were given in Moon Chart 1.

| You were born on this day: | Add this many signs: | You were born on this day: | Add this many signs: |
| :---: | :---: | :---: | :---: |
| 1 | 0 | 16 | 7 |
| 2 | 1 | 17 | 7 |
| 3 | 1 | 18 | 8 |
| 4 | 1 | 19 | 8 |
| 5 | 2 | 20 | 9 |
| 6 | 2 | 21 | 9 |
| 7 | 7 | 22 | 10 |
| 8 | 3 | 23 | 10 |
| 9 | 3 | 24 | 10 |
| 10 | 4 | 25 | 11 |
| 11 | 4 | 26 | 11 |
| 12 | 5 | 27 | 0 |
| 13 | 5 | 28 | 0 |
| 14 | 6 | 29 | 1 |
| 15 | 6 | 30 | 1 |
|  |  | 31 | 2 |

## Moon Chart 3: Identifying your moon sign

Here is the Zodiac wheel containing the twelve signs. Put your finger on the sign you were allocated in Moon Chart 1. Now, moving clockwise, count on the extra number of signs you were given in Moon Chart 2. The sign you arrive at is the sign the Moon was in on the day you were born.

10


# 0 ARIES 

## THE LUNAR RAM

Ruled by headstrong Mars, yours is a take-charge Moon and it shows. For certainly you are no shrinking violet! You have a knack for spotting potential in situations and you spontaneously take the initiative. Bubbly and decisive, your natural inclination is to organize and to control.

As the Moon is associated with water (for example, the Moon rules the tides), it is not at its most comfortable in a Fire sign. At their best, fire and water produce steam, which can drive an engine. At their worst, they work against each other - fire drying out water; water putting out fire.

Getting the best out of this Moon means learning to get the emotional balance right. Controlling the desire to take over every situation and every person you meet is the first step. Allowing others to meet you halfway and taking their views on board is the next. Having achieved that balance, you need to sustain the momentum.

## Your fiery heart

Dynamic and independent, you're emotionally feisty and robust. You make decisions without consulting others and, until you learn to compromise, you may find it difficult to share.

That said, there is something noble about you, and you seek the same emotional integrity in others. When it comes to
settling down with a life-partner, you base your relationship on honesty and truth. Coupling up with someone as strong and independent as you is ideal, as this will challenge your fiery Moon. It will also help to diminish that sense of being tied down which makes you restless. When you do fall in love, you are a good partner who knows how to keep a relationship fresh.

Emotional keynotes: enthusiastic, romantic, hot, passionate, desirous, selfish, inconsiderate

## Aries moon ...

## ... Friend

People who get to know you soon discover what an open and straightforward friend you are. Cheerful and optimistic, you're a sociable character. You're drawn to people who are sporty and adventurous.

## ... Parent

Domesticity may not be your strong suit, but when it comes to encouraging your children, you're right there! You'll train your kids to be independent from an early age, take them camping, teach them self-defence and cheer loudly for their team.

## ... In the workplace

You're full of bright ideas and keen to implement them. Ideally, work will keep you on the move, and let you call the shots, leading from the front. A stream of short-term projects will keep your interest.

## ... In life

You're deeply romantic and just plain sexy. In relationships you take the lead and may seem a little insensitive to more tender souls. As impulsive in love as you are in life, you're superb at the chat-up routine, but try not to come on too strong!

## Lunar love chart

Your Aries Moon with their Moon or Sun in ...

A GOOD MATCH? © Prickly

- O Possible
-OOPromising
-ODOP Passionate
000 Aries A pairing that's


## 00000 Perfect

 passionate and intense, you make good friends, but alas you're too competitive for long-lasting love.©0 Taurus Differing desires and lifestyles will drive the two of you apart.

000 Gemini Great! This interesting mixture can go far.
©0 Cancer A steamy pairing that needs a lot of work to succeed.

00000 Leo Wow! Hot, romantic, eager - this is such an exciting combination!

- Virgo You two just aren't going to see eye-to-eye.
©0. Libra A possibility if you're prepared to learn from each other.
©0. Scorpio Your magnetic attraction makes you a dream team.

0000 Sagittarius Athletic, adventurous, exciting - this is a scorcher of a partnership.
©0. Capricorn Better in the boardroom than the bedroom!
000. Aquarius Plenty of mutual respect makes this a good, workable relationship.

D( Pisces You'll be OK to begin with, but only a miracle will keep you together.

